



Confrérie de la Chaîne des Rôtisseurs  
Ordre Mondial des Gourmets Dégustateurs  
« Chaîne Foundation »

Bailliage do Portugal

[www.chainept.org](http://www.chainept.org) // [www.chainedesrotisseurs.com](http://www.chainedesrotisseurs.com)



CADA EVENTO DA CHAÎNE CONTRIBUI PARA // EVERY CHAÎNE MEETING GENERATES FUNDS FOR THE CHAÎNE'S GASTRONOMY SCHOOL

## BAILLIAGE DE L'ALGARVE

**Healthy Gourmet Lunch in the Monchique Hills**  
**Almoço Gourmet Saudável na Serra de Monchique**

**SATURDAY JANUARY 11<sup>TH</sup>, 2014 AT 12.30 P.M.**  
**SÁBADO, 11 DE JANEIRO DE 2014 ÀS 12.30 h.**

### LONGEVITY WELLNESS RESORT CALDAS DE MONCHIQUE

For our first event of the year we have chosen to visit one of our new professional Confreres, Jan Stechemesser, executive Chef of the recently open Longevity Wellness Resort near Caldas de Monchique. The resort's signature gourmet wellness cuisine is a perfect fusion of taste, art and nutrition and blends fresh regional ingredients with the culinary traditions of the Algarve.

The perfect choice after the excesses of the New-Year festivities!

*Para o nosso primeiro evento do ano, optámos por visitar um dos nossos novos confrades profissionais, Jan Stechemesser,, Chef executivo do Longevity Wellness Resort recentemente aberto perto das Caldas de Monchique. O restaurante oferece cozinha gourmet saudável, sendo uma fusão perfeita de arte, sabor e nutrição que combina ingredientes frescos regionais com as tradições culinárias do Algarve. A escolha perfeita após os excessos das festividades de ano novo!*

**Traje: Informal, Insignias da Chaîne**    **Dress code: Casual and Chaîne Insignia**

**NOME / NAME:** \_\_\_\_\_

**Confrades / Confreres**

**Convidades / Guests**

**Jovens & Jornalistas / Juniors and Journalists:**

**80€00 x n.º Pax .... = ....**

**90€00 x n.º Pax .... = ....**

**70€00 x n.º Pax .... = ....**

**TOTAL                    € .....**

Cheques a ordem da "Chaîne des Rôtisseurs" enviados para o Argentier do Algarve\* ou Transferência Bancária (ver abaixo)  
Cheques "Chaîne des Rôtisseurs" sent to the Argentier\* or Bank transfer (Bank details below. Please ask bank to confirm by e-mail)

**Data limite da inscrição (e do pagamento): dia 6 de Janeiro**    **Please confirm (with payment) by January 6th**

**\*Argentier: Jos Zweegers, Casa do Muro Alto, Vale Judeu, 8100-333 Loulé. [zweegers@msn.com](mailto:zweegers@msn.com)**

**Bailliage do Algarve**

**Michel Dressler – Bailli /Président**

Casa Fortuna, Apartado 1219, 8401-910, Carvoeiro

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## LONGEVITY RESTAURANT

*Longevity's Couvert with homemade Fig and Thyme Focaccia, Lemon and Mustard marinated Olives, Virgin Olive Oil from Moncarapacho and Flor de Sal from our coast*

*Couvert do Longevity com Focaccia de Figos e Tomilho, Azeitonas marinadas em Limão e Mel, Azeite Virgem de Moncarapacho e Flor de Sal da nossa costa*

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*Amuse bouche*

*Espumante da Bairrada 2010*

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*Truffle flavored crab tower*

*Torre de Sapateira com sabor de Trufa*

*Marques dos Vales 2011 branco, Algarve*

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*Baby Spinach Soup with Quail duo*

*Sopa de Espinafrezinho com duo de Codorniz*

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*Tiger prawn ravioli in miso soy broth*

*Ravioli de Camarão Tigre em Caldo de Miso e Soja*

*Vida Nova Rose 2012, Algarve*

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*Grilled Guinea fowl breast with herbs from our garden, Bio Vegetables, Old Balsamic Jus*

*Peito de Pintada grelhado com ervas do nosso Jardim, Legumes Bio e Jus de Balsâmico Velho*

*Euforia Tinto 2012, Algarve*

\*\*\*

*Sheep's Cheese, Red Berries, Rosemary Honey*

*Queijo de Ovelha, Frutos Silvestres, Mel de Alecrim*

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*Dessert from Valhrona chocolate*

*Sobremesa de Chocolate Valhrona*

*Porto especial Reserva da Rozes 15 anos*

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*Café & Petit fours*

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## **Jan Stechemesser, Maitre Rôtisseur de la Chaîne, Executive Chef**

Jan Stechemesser was the chief architect of the culinary operation of Longevity Wellness Resort Monchique. He played a leading role in creating a dining experience of the highest standards that has enjoyed critical acclaim in the Algarve.

Coming on board as executive chef during the resort's pre-opening phase, he oversaw the creation of the resort's dining program from the ground up, everything from recruiting the staff and developing menus to establishing a philosophy that parallels and reinforces the resort's wellness concept. Appropriate to the spirit and purpose of Longevity Wellness Resort, Chef Stechemesser's cuisine emphasizes balanced and wholesome meals that are high in nutritional value and prepared with the highest-quality fresh ingredients.

Chef Stechemesser worked closely with Chef Olivier, Lisbon's most celebrated restaurateur, and top nutritionists to help design Longevity Cuisine by Olivier – the resort's signature gourmet wellness cuisine that is a perfect fusion of taste, art and nutrition and blends fresh regional ingredients with the culinary traditions of the Algarve.

He joined the team at Longevity Wellness Resort Monchique with extensive top-tier culinary experience in Portugal, including the Marriott Hotel Lisbon, where he was Sous Chef, and two Michelin-starred restaurants in the Algarve: Restaurant São Gabriel, Quinta do Lago, where he had the triple role of Chef Tournant/Chef Gardemanger/Chef Pâtissier, and as a chef at Vila Joya, Galé.

## **Jan Stechemesser, Maitre Rôtisseur de la Chaîne, Chef Exécutive**

*Jan Stechemesser foi o arquiteto-chefe da operação culinária no Longevity Wellness Resort Monchique. Desempenhou um papel de liderança na criação de uma experiência gastronómica ao mais alto nível que tem sido aclamada, unanimemente, pela crítica especializada.*

*Ainda durante a fase de pré-abertura, desenvolveu e supervisionou a criação de refeições originais e o desenvolvimento de menus em consonância com a filosofia de Bem-estar do Resort. Adequada ao espírito e ao propósito do Longevity Wellness Resort, a cozinha do Chef Stechemesser oferece refeições equilibradas e saudáveis que são ricas em valor nutritivo e preparadas com ingredientes frescos da mais elevada qualidade.*

*O Chef Jan trabalhou em estreita colaboração com o Chef Olivier, restaurateur mais célebre de Lisboa, e com nutricionistas de topo para implementar o Restaurante de assinatura do Resort, o Longevity Cuisine by Olivier. Este restaurante oferece cozinha gourmet saudável, sendo uma fusão perfeita de arte, sabor e nutrição e combina ingredientes frescos regionais com as tradições culinárias do Algarve.*

*Possui experiência em restauração dentro de grandes cadeias internacionais, incluindo o Hotel Marriott Lisboa, onde foi Sous Chef, e dois restaurantes com estrelas Michelin no Algarve - Vila Joya, Galé e Restaurante São Gabriel, Quinta do Lago, onde assumiu o papel de Chef Tournant, Gardemanger e Chef Pâtissier.*

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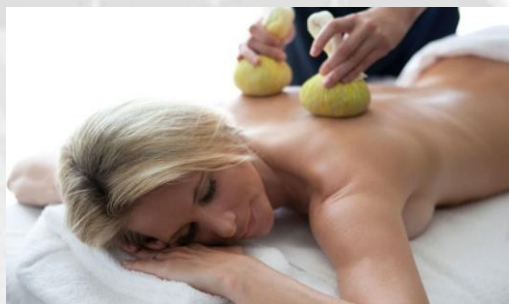


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[www.longevitywellnessresort.com](http://www.longevitywellnessresort.com)



The Management of Longevity Wellness Resort offers special conditions year round to our Confreres: 15% reduction on best available rate and 10% discount on wellness and relaxation treatments; Should you want to stay a night (or more...) and enjoy a rejuvenating Spa experience, please contact the Front of House Manager, João Belchior, directly.



*A Direção do Longevity Wellness Resort oferece condições especiais aos nossos confrades todo o ano: 15% de desconto na melhor tarifa disponível e 10% de desconto nos tratamentos de Wellness e relaxamento; Se quiser ficar uma noite (ou mais...) e desfrutar de uma experiência de Spa rejuvenescedor, contate com o Front of House Manager, João Belchior, diretamente.*

Tel: 925 669 754 ou 282 240 122 . [joao.belchior@longevity.pt](mailto:joao.belchior@longevity.pt)



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## DIRECTIONS – DIREÇÕES



Very easy to find, the Longevity Wellness Resort is on the road between Portimão and Monchique, on the right shortly before the turning to Caldas de Monchique. Park either in the garage (at the same level as the restaurant) or go through reception on the top floor and take the lift down.



*Muito fácil de encontrar, o Longevity Wellness Resort fica na estrada entre Portimão e Monchique, à direita, pouco antes da rotunda para Caldas de Monchique. Estacionar na garagem (no mesmo nível como o restaurante) ou passar por a receção no piso superior e toma o elevador.*



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